



BAKENKOP
ANIMAL CLINIC INC

Address

1 Caper avenue, Eldoraigine x 3, Centurion

Tel 012 653 4474/2

After hours 082 5511 966

Fax 012 653 4353

Web bakenkopvet.co.za

Bakenkop Pet Slimmer Clinic

Pet obesity is becoming a more common problem seen in general practice. Many pet owners mistakenly think that their pet's size is normal, even when they are overweight. About 60% of the patients that we see at the Clinic weigh more than their ideal weight.



An overweight pet is at a much higher risk of developing health problems. When a pet is overweight, they have an increased adipose (fat) tissue count which causes general inflammation in the pet's body. This chronic state of inflammation can cause many other problems in the body like skin problems, urinary problems, poor immune system etc. Other health risks include:

- Joint problems
- Breathing difficulties
- Diabetes
- Higher anesthetic risk
- Back problems
- Heart disease



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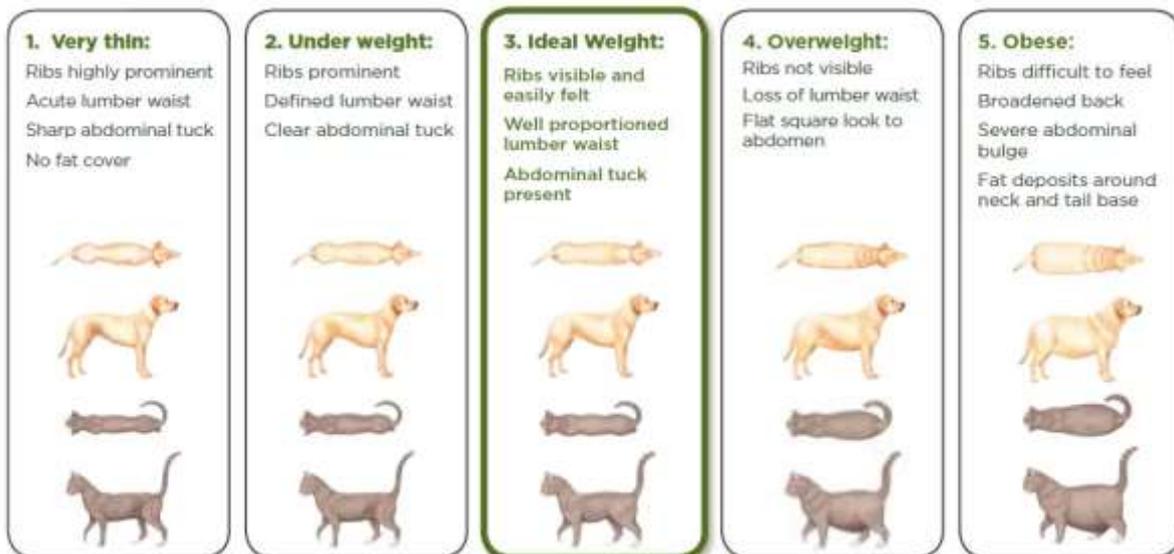
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- And research even shows that overweight pets are less happy and have a shorter lifespan



If a pet is at **ideal bodyweight** pet owners should be able to:

- Easily feel their ribs
- See a visible waistline if viewed from the side and the top
- See an abdominal tuck



If a pet is **overweight** we strongly advise pet owners to enroll their pet into a weight-loss program. For a successful weight-loss program, you need some motivation and perseverance. With our program at Bakenkop Animal Clinic we are able to help pet owners choose the perfect diet for their pets, help with feeding guidelines, give them advice on how to incorporate this diet into their lifestyle and schedule regular weigh-ins to monitor their pet's progress. When a pet is enrolled into a program, it keeps the owners motivated and goal focused. Our Clinic also offers hydrotherapy exercise sessions to speed up weight loss.



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If you would like to make an appointment with Sr Cindy please phone 012 653 4474 for a FREE weight-loss consultation. Whether your pet needs to lose 500g or 25kg. We can help you help your pet.

Common myths about pets on a weight-loss diet:

Diet food can't possibly taste nice

The weight-loss diets that we recommend are very palatable. The pets love the taste and really adapt well to it. Even so that owners testify that meal times become the favourite time of the pet's day.

It is cruel to put my pet on a diet

Pet owners hold the responsibility to make the best decisions for their pet's health. Not only do they love the diet, but once they start getting more active, energetic and can do things they were no longer able to do, owners start to realise that helping them to lose weight actually was the best decision they could make.

Prescription diets are too expensive

Feeding them a weight-loss diet will require of the owner to feed a calculated daily amount of food for successful weight-loss. If these requirements are met, the bag will last you longer and not work out as expensive as when an unlimited amount of food were available throughout the whole day.

Showing love by giving something 'nice' to eat

Responsible pet ownership means making decisions about the pet's diet to keep it slim, trim and healthy. There are weight-loss treats and wet food available to work into the daily required amounts. Feeding your pets too many treats of any sort will only delay the process and better their chances of health problems occurring.

Light diets for weight loss

Light diets are not ideal if there is significant weight-loss required. They can however be placed on a light diet to maintain ideal body weight after they have lost the excessive weight or as preventative measure after for example they have been sterilized.



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Some of our success stories:

Bakenkop Animal Clinic Weight-loss + Hydrotherapy program- 012 653 4474

6.6 kg



Congratulations

Mona Grotsius

You have reached your target weight!



She lost :

1.9kg

28.8% of her bodyweight

9cm around her waist and

7cm around her chest



4.7 kg



Bakenkop Animal Clinic Weight-loss program with Sr Cindy du Preez- 012 653 4474



11.7 kg

Congratulations

Arial Naude

You have reached your target weight!



She lost :

4.25kg

36.3% of her bodyweight

16.5cm around her waist and

13cm around her chest



7.45 kg



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12.3 kg

8.6 kg



Congratulations Toffie van Schalkwyk

You have reached your target weight! He lost :

3.7kg

30% of his bodyweight

14cm around her waist and

10cm around his chest



Bakenkop Animal Clinic Weight-loss program with Sr Cindy du Preez- 012 653 4474



14.5 kg



9.3 kg

Congratulations Rex Bester

You have reached your target weight! He lost :

5.2kg

36% of his bodyweight

14cm around his waist and

14cm around his chest





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18.1 kg

13 kg

Congratulations Lucy van Rensburg

You have reached your target weight! She lost :

5.1kg

28% of her bodyweight

14cm around her waist and

12cm around her chest



Bakenkop Animal Clinic Weight-loss program with Sr Cindy du Preez- 012 653 4474



22.4 kg

Congratulations

Ziggy James

You have reached your target weight!

He lost :

5.6kg

25% of his bodyweight

15cm around he waist and

12cm around his chest

